

PADDLE FOR LIFE: DRAGON BOAT FESTIVAL

American Cancer Society – Northern California Chinese Unit (ACS-NCCU) will not have the Chinese Relay For Life this year but we do have another exciting fundraising event for the bay area Chinese cancer fighters: **Paddle For Life**



What is dragon boat racing?

Dragon boat racing began over 2,400 years ago in China. Dragon boat racing is a sport that emphasizes teamwork consisting of 22 person boats, which are usually between 12 and 15 meters long. Each heat will have four to six boats racing for 450-meters.

How do I form a dragon boat team?

All you need are 20 paddlers. There are three divisions: Men's, Women's, and Mixed (with at least 8 women). We will provide a drummer and steersperson for each boat. Recruit a team of friends, family, and coworkers of all levels and ages from various communities, organizations, and corporations. Race against teams in categories from other hospitals, banks, churches, clubs, and companies. All equipment (life vests and paddles) will be provided along with basic instruction and coaching on dragon boat paddling techniques. Practices will be held in Foster City, Berkeley Marina, and other sites.

Where will the festival take place?

The festival will be held at Leo Ryan Park in Foster City. There will be performers, vendors, and crafts people to entertain families.

When is the festival and deadline for registration?

The festival will be held on August 18 and 19, 2007. The date of the one-day race will be determined on July 1, 2007. Please submit team entries by July 7, 2007.

How much does each team have to raise?

Each non-profit and corporate team must raise a minimum of \$350 and \$450, respectively, to register. A prize will be awarded to the team that raises the most funds. To register, please contact Jenny Liu at (650) 585-3995 or email at registrar@paddleforlife.org. You can also visit <http://www.paddleforlife.org>.

ACS-NCCU HAS SPONSORS WILLING TO PAY FOR REGISTRATION FEE OF \$350 FOR 30 YOUTH TEAMS AND NON-PROFIT ORGANIZATION

TEAMS!!! For Registration and Sponsorship, please contact Larry Hsu 徐永生 at (510) 676-5702 or email at Larry.y.hsu@Lmco.com. First Come First Served!

All the proceeds will be donated to the following charities: American Cancer Society – Northern California Chinese Unit, Asian American Cancer Support Network, and Team Survivor.

